



LA LECHE LEAGUE

Jan-Apr 2019 Meeting Notice

To download a current meeting notice, visit our webpage:

www.lllnorcal.org/groups/SanJoseCA.html

Welcome!

Breastfeeding is a natural process but you may need support and information. Knowing others who have breastfed their babies may be helpful and reassuring.

Pregnant and nursing parents, babies, and children are always welcome! LLL gatherings are always flexible. Come and go as best suits your family.

La Leche League Leaders are volunteers who have happily breastfed their own children. They offer information and support through monthly meetings and telephone, email, or online counseling.

Leaders

The San Jose Leaders are:

Amanda Brooke
Jay Janet
Lauren Sarah
Rebecca Victoria

For phone support:
408-641-0138

For email support:
lllofgreatersanjose@gmail.com

Also check us out on Facebook:
La Leche League of Greater San Jose

Most current meeting info can be found on this public Facebook page:
LLL of Greater San Jose Events

In-person help is available during and after our four monthly Meetings.

Morning Series Meeting 1st Thursday of the month, 10:30 AM

Jan 3
Feb 7
Mar 7
Apr 4

Rose Garden Library, Community Room
1580 Naglee Ave, San Jose
Near bus routes: 62, 63, 81

Evening Series Meeting 2nd Tuesday of the month, 7:00 PM

Jan 8
Feb 12
Mar 12
Apr 9

Tiny Tots
138 Railway Ave, Campbell
Across from downtown Campbell light rail station and near bus route 26.

Fourth Trimester Cafe 3rd Thursday of the month, 11:00 AM

There are no cafe dates in Jan/Feb

Mar 21
Apr 18

Roy's Station Coffee & Teas
197 Jackson St., San Jose
Near bus lines: 12, 66, 181, 65, 61, 62
Near light rail lines: 901, 902

Mtn View Morning Series Meeting 2nd Monday of the month, 10:00 AM

Jan 14
Feb 11
Mar 11
Apr 8

St Timothy's Episcopal Church
2094 Grant Rd, Mountain View
Leader: Tali Ganir