



LA LECHE LEAGUE

May-Aug 2019 Meeting Notice

To download a current meeting notice, visit our webpage:

www.llnocal.org/groups/SanJoseCA.html

Welcome!

Breastfeeding is a natural process but you may need support and information. Knowing others who have breastfed their babies may be helpful and reassuring.

Pregnant and nursing parents, babies, and children are always welcome! LLL gatherings are always flexible. Come and go as best suits your family.

La Leche League Leaders are volunteers who have happily breastfed their own children. They offer information and support through monthly meetings and telephone, email, or online counseling.

Leaders

Amanda	Brooke
Jay	Janet
Lauren	Sarah
Rebecca	Victoria

For phone support:
408-641-0138

For email support:
lllofgreatersanjose@gmail.com

Also check us out on Facebook:
La Leche League of Greater San Jose

Most current meeting info can be found on this public Facebook page:
LLL of Greater San Jose Events

In-person help is available during and after our two monthly Meetings.

Morning Series Meeting 1st Thursday of the month, 10:30 AM

May 2
Jun 6
Aug 1

Rose Garden Library, Community Room
1580 Naglee Ave, San Jose
Near bus routes: 62, 63, 81

Evening Series Meeting 2nd Tuesday of the month, 7:00 PM

May 14
Jun 11
Jul 9
Aug 13

Tiny Tots
138 Railway Ave, Campbell
Across from downtown Campbell lightrail station and near bus route 26.