



Stanislaus County Chapter of La Leche League

PLEASE POST
OCT 2009—JAN 2010

BREASTFEEDING HELP 24 HOURS A DAY

For breastfeeding support, encouragement and answers to breastfeeding questions call our new LLL Breastfeeding Helpline.

877 4 LA LECHE

(877-452-5324)

Or call these local La Leche League Leaders:

Susan 537-1243

Dianne 525-8729

Rose 538-1224

La Leche League offers:

- Monthly support groups that meet to discuss the benefits of human milk, childbirth, planning for baby, breastfeeding basics, weaning and nutrition. Babies and children are welcome!
- Lending libraries with books on breastfeeding, childbirth, parenting and nutrition, as well as books for sale including La Leche League's *The Womanly Art of Breastfeeding*
- 53 years of mother-to-mother support and sharing
- Latest breastfeeding information

Breastfeeding? Or considering it?

**NURTURE III DOUBLE ELECTRIC
BREASTPUMPS ARE AVAILABLE FOR SALE.**

*Announcing the
arrival of our new,
award winning baby
slings by*

zolowear

MODESTO MEETINGS

Meet 3rd Thursday at 10:30 a.m.

Thursday, October 15th
Thursday, November 19th
Thursday, December 17th
Thursday, January 21st

Meeting Location

4224 Erin Way

Directions: From Hwy 99, take Standiford/ Beckwith exit and go east towards mall. Continue on Standiford Avenue until McHenry Avenue and turn left. Continue on McHenry; turn right on Grecian. (Grecian is the last right before Pelandale Avenue.) Take first left, Erin Way. House is on right-hand side.

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baby slings by*

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La Leche League is an international, nonprofit, nonsectarian organization dedicated to providing information, support, encouragement, and education to women who want to breastfeed.

www.LLLUSA.org/NCAHI/stanislauscountyca.html